

HAND DIVED SCOTTISH SCALLOPS

Mint Yogurt, Spiced Chickpeas, Soused Cucumber

MINTED YOGHURT

RED CHICORY

SPICED CHICK PEAS

SCALLOP

HUMUS

SOUSED
CUCUMBER

ALLERGENS

MOLLUSCS / SESAME / MILK / SULPHUR DIOXIDE / GLUTEN

POINTS OF NOTE

- The Shetland scallops are hand caught by divers who swim down to the seabed to collect them. This is a sustainable and environmentally friendly form of fishing which has a minimal impact on the surrounding marine environment. Scallops grow slower in colder waters, reaching maturity at about 5yrs, only mature scallops are harvested to promote sustainability
- 'Soused' — preserved in pickle or a marinade
- Ress el Hanout is a spice mix found in North Africa The name in Arabic means "head of the shop" and implies a mixture of the best spices the seller has to offer . Main ingredients—cardamom, cumin, clove, cinnamon, nutmeg, chili peppers, coriander seed, peppercorn, paprika, fenugreek, turmeric